

## TREK SIGULDAS KROSDUATLONS, 5. posms, 02.06.2013.

### Apļu laiki pa grupām

SJE (S9), garums: 6000m

1	85	<b>Dārta Mestere</b>	2005	Piramida triathlon club	3	<b>0:40:17</b>	0:06:43	0:22:21	0:11:13
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VJE (V9), garums: 6000m

1	84	<b>Kārlis Ancāns</b>	2005	Riteņu vasara	3	<b>0:25:15</b>	0:05:13	0:14:28	0:05:34
2	97	<b>Gustavs Auziņš</b>	2005	Turaida	3	<b>0:25:57</b>	0:05:32	0:14:44	0:05:41
3	93	<b>Jānis Riekstiņš</b>	2004	Ape TK	3	<b>0:26:11</b>	0:05:26	0:14:23	0:06:22
4	98	<b>Helvijs Jānis Kārklīšs</b>	2005	Rīga	3	<b>0:27:50</b>	0:05:48	0:14:20	0:07:42
5	95	<b>Mikus Nežborts</b>	2004	Lidojošais slēpotājs	3	<b>0:35:48</b>	0:08:21	0:19:31	0:07:56

SJD (S11), garums: 6000m

1	82	<b>Laura Laimiņa</b>	2002	Aquatics	3	<b>0:21:34</b>	0:04:35	0:11:39	0:05:20
2	80	<b>Elizabete Stankeviča</b>	2002	Ind .	3	<b>0:24:23</b>	0:04:56	0:12:14	0:07:13
3	81	<b>Kitija Siltumēna</b>	2003	Aquatics	3	<b>0:26:24</b>	0:05:49	0:14:01	0:06:34

VJD (V11), garums: 6000m

1	89	<b>Raimonds Levickis</b>	2002	Dobeles sporta skola	3	<b>0:20:21</b>	0:04:33	0:10:51	0:04:57
2	92	<b>Pauls Audzēvičs</b>	2003	Aquatics	3	<b>0:20:48</b>	0:04:56	0:10:29	0:05:23
3	86	<b>Matvejs Suharževskis</b>	2002	Pēdu nav	3	<b>0:20:57</b>	0:04:57	0:10:38	0:05:22
4	99	<b>Mārtiņš Auziņš</b>	2002	Turaida	3	<b>0:22:15</b>	0:04:44	0:11:57	0:05:34
5	87	<b>Ričards Sniedze</b>	2003	Ind .	3	<b>0:22:29</b>	0:04:35	0:12:05	0:05:49
6	91	<b>Patriks Legzdiņš</b>	2003	Ind .	3	<b>0:23:12</b>	0:04:42	0:12:28	0:06:02
7	88	<b>Niks Mesters</b>	2003	Piramida triathlon club	3	<b>0:25:10</b>	0:04:58	0:14:57	0:05:15

SJC (S13), garums: 12000m

1	50	<b>Daniela Leitāne</b>	2000	Aquatics	4	<b>0:55:31</b>	0:06:38	0:02:00	0:37:55	0:08:58
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VJC (V13), garums: 12000m

1	62	<b>Jēkabs Audzēvičs</b>	2001	Aquatics	4	<b>0:47:14</b>	0:06:40	0:01:48	0:31:21	0:07:25
2	96	<b>Edgars Aseris-Indriķis</b>	2000	SK Bruņinieks	4	<b>0:49:16</b>	0:05:49	0:01:48	0:35:04	0:06:35
3	60	<b>Edgars Galimžanovs</b>	2000	Ind .	4	<b>0:53:41</b>	0:06:44	0:01:57	0:37:27	0:07:33
4	58	<b>kristaps Siltumēns</b>	2000	Aquatics	4	<b>0:56:05</b>	0:07:10	0:01:55	0:38:24	0:08:36

VJB (V15), garums: 12000m

1	57	<b>Savelijs Suharževskis</b>	1999	Pēdu nav	4	<b>0:42:52</b>	0:05:57	0:01:41	0:28:56	0:06:18
2	56	<b>Viesturs Veits</b>	1999	A2	4	<b>0:50:04</b>	0:06:28	0:01:52	0:33:09	0:08:35

SJA (S17), garums: 12000m

1	47	<b>Sintija Strakša</b>	1997	REIR	4	<b>1:12:40</b>	0:07:57	0:03:15	0:50:18	0:11:10
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VJA (V17), garums: 12000m

1	55	<b>Kristaps Nežborts</b>	1997	Lidojošais slēpotājs	4	<b>0:46:11</b>	0:06:21	0:01:47	0:30:53	0:07:10
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SJ (S19), garums: 24000m

1	46	<b>Elza Mestere</b>	1997	Piramida triathlon club	7	<b>2:19:07</b>	0:07:06	0:07:29	0:02:10	0:50:41	0:53:41	0:08:59	0:09:01
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S, garums: 24000m

1	100	<b>Diāna Šika</b>	1979	Rīga	7	<b>1:38:12</b>	0:07:05	0:07:13	0:02:07	0:33:42	0:34:06	0:07:01	0:06:58
2	45	<b>Lauma Čerņevska</b>	1985	VSK Noskrien	7	<b>1:41:13</b>	0:07:09	0:07:34	0:02:29	0:34:13	0:34:51	0:07:26	0:07:31
3	40	<b>Elīna Vīksna</b>	1986	Ind .	7	<b>1:41:33</b>	0:07:07	0:07:18	0:01:42	0:36:01	0:34:53	0:07:30	0:07:02
4	42	<b>Gunda Plūmane</b>	1976	Pēdu nav	7	<b>1:50:20</b>	0:07:37	0:08:06	0:02:18	0:38:05	0:37:42	0:08:09	0:08:23
5	41	<b>Sandra Salmiņa</b>	1981	Ind .	7	<b>2:05:35</b>	0:07:41	0:07:57	0:02:34	0:46:45	0:42:16	0:08:46	0:09:36

V, garums: 24000m

1	1	<b>Uldis Žimants</b>	1981	Gandrs	7	<b>1:20:13</b>	0:05:54	0:06:27	0:01:36	0:27:01	0:25:54	0:06:35	0:06:46
2	7	<b>Normunds Kuzāks</b>	1980	Ind .	7	<b>1:21:59</b>	0:05:52	0:06:30	0:01:33	0:25:53	0:26:56	0:07:22	0:07:53
3	8	<b>Ričards Krims</b>	1989	Ind .	7	<b>1:22:45</b>	0:06:11	0:06:49	0:01:50	0:26:37	0:26:47	0:07:11	0:07:20
4	19	<b>Armands Bāris</b>	1983	Kompoc	7	<b>1:23:12</b>	0:05:48	0:06:39	0:01:39	0:27:08	0:26:54	0:07:17	0:07:47
5	17	<b>Mārcis Bokmanis</b>	1983	Sputnik Sweetheart	7	<b>1:23:39</b>	0:05:43	0:06:05	0:01:49	0:27:48	0:29:21	0:06:43	0:06:10
6	12	<b>Mārtiņš Jansons</b>	1989	Trek	7	<b>1:24:10</b>	0:06:15	0:06:55	0:01:35	0:26:43	0:27:05	0:07:53	0:07:44
7	5	<b>Dzintars Rērihs</b>	1984	VSK Noskrien	7	<b>1:27:41</b>	0:06:28	0:06:47	0:02:02	0:28:38	0:29:54	0:06:54	0:06:58
8	18	<b>Andris Bergmanis</b>	1984	Ind .	7	<b>1:31:15</b>	0:05:44	0:06:14	0:01:40	0:31:58	0:32:30	0:06:54	0:06:15
9	4	<b>Jānis Stašāns</b>	1980	Gandrs	7	<b>1:31:37</b>	0:07:42	0:08:05	0:02:19	0:28:23	0:29:27	0:07:58	0:07:43

10	14	<b>Normunds Šaršūns</b>	1974	Ind .	7	<b>1:31:49</b>	0:07:23	0:07:55	0:01:59	0:29:19	0:28:35	0:08:04	0:08:34
11	32	<b>Ritvars Gulbi</b>	1980	RR	7	<b>1:40:46</b>	0:07:23	0:07:54	0:02:47	0:33:13	0:32:28	0:08:21	0:08:40
12	13	<b>Staņislavs Vaipans</b>	1992	Piramida triathlon club	7	<b>1:41:30</b>	0:05:26	0:06:17	0:02:11	0:37:56	0:35:29	0:07:13	0:06:58
13	30	<b>Rolands Irklis</b>	1981	Ebaik	7	<b>1:43:30</b>	0:08:17	0:08:34	0:02:30	0:32:54	0:33:56	0:08:34	0:08:45
14	31	<b>Markus Jakubovskis</b>	1977	Rīga	7	<b>1:45:23</b>	0:07:19	0:08:10	0:02:07	0:35:40	0:34:59	0:08:19	0:08:49
15	2	<b>Māris Zicmanis</b>	1986	Noķer mani!	3	<b>0:14:54</b>	0:06:14	0:06:57	0:01:43				

S40, garums: 12000m

1	63	<b>Dace Fūrmane</b>	1971	Pēdu nav-Vecate	4	<b>0:45:04</b>	0:06:58	0:01:56	0:29:00	0:07:10			
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V40, garums: 24000m

1	23	<b>Aleksandrs Baidins</b>	1970	ELKOR	7	<b>1:24:21</b>	0:06:50	0:07:23	0:02:17	0:26:09	0:28:14	0:06:41	0:06:47
2	20	<b>Jānis Riekstiņš</b>	1970	Ape TK	7	<b>1:40:55</b>	0:07:00	0:07:15	0:02:25	0:35:24	0:34:55	0:06:28	0:07:28
3	21	<b>Florens Jansons</b>	1972	FLOATING UNIVERSE	1	<b>0:15:36</b>	0:15:36						

S50, garums: 12000m

1	64	<b>Ineta Siliņa</b>	1962	Sportlat	4	<b>0:58:35</b>	0:08:06	0:02:13	0:38:12	0:10:04			
2	65	<b>Gaida Bite</b>	1960	Carnikavas sporta centrs	4	<b>1:13:49</b>	0:08:36	0:02:38	0:53:09	0:09:26			

V50, garums: 24000m

1	26	<b>Anatolijs Levša</b>	1958	DTC Jaunība	7	<b>1:23:42</b>	0:05:51	0:06:11	0:02:10	0:28:22	0:28:47	0:06:08	0:06:13
2	27	<b>Raimonds Garenčiks</b>	1955	Carnikavas sporta centrs	7	<b>1:25:28</b>	0:06:40	0:07:10	0:01:38	0:27:47	0:28:11	0:06:56	0:07:06
3	28	<b>Ilgvars Āboltiņš</b>	1956	Ind .	7	<b>1:27:17</b>	0:06:01	0:06:27	0:02:09	0:29:50	0:29:12	0:06:48	0:06:50
4	29	<b>Arvils Andersons</b>	1962	Carnikavas sporta centrs	7	<b>1:30:32</b>	0:06:31	0:07:11	0:01:44	0:27:40	0:28:48	0:08:35	0:10:03
5	25	<b>Valdis Tilts</b>	1962	Ind .	7	<b>1:38:24</b>	0:05:48	0:06:03	0:01:50	0:36:03	0:35:44	0:06:13	0:06:43

V60, garums: 12000m

1	53	<b>Elmārs Eleksis</b>	1952	Ind .	4	<b>0:48:23</b>	0:06:17	0:02:07	0:32:55	0:07:04			
2	54	<b>Laimonis Daugavietis</b>	1950	CSC	4	<b>0:52:49</b>	0:07:39	0:02:46	0:34:06	0:08:18			
3	51	<b>Vilis Mednis</b>	1951	Ind .	4	<b>0:57:06</b>	0:07:53	0:02:44	0:36:50	0:09:39			

## TREK SIGULDAS KROSDUATLONS, 5. posms, 02.06.2013.

### Apļu laiki pa distancēm

1,5km-9km-1,5km, garums: 12000m

1	57	Savelijs Suharževskis	1999	Pēdu nav	4	<b>0:42:52</b>	0:05:57	0:01:41	0:28:56	0:06:18
2	63	Dace Fūrmane	1971	Pēdu nav-Vecate	4	<b>0:45:04</b>	0:06:58	0:01:56	0:29:00	0:07:10
3	55	Kristaps Nežborts	1997	Lidojošais slēpotājs	4	<b>0:46:11</b>	0:06:21	0:01:47	0:30:53	0:07:10
4	62	Jēkabs Audzēvičs	2001	Aquatics	4	<b>0:47:14</b>	0:06:40	0:01:48	0:31:21	0:07:25
5	53	Elmārs Eleksis	1952	Ind .	4	<b>0:48:23</b>	0:06:17	0:02:07	0:32:55	0:07:04
6	96	Edgars Aseris-Indriķis	2000	SK Bruņinieks	4	<b>0:49:16</b>	0:05:49	0:01:48	0:35:04	0:06:35
7	56	Viesturs Veits	1999	A2	4	<b>0:50:04</b>	0:06:28	0:01:52	0:33:09	0:08:35
8	54	Laimonis Daugavietis	1950	CSC	4	<b>0:52:49</b>	0:07:39	0:02:46	0:34:06	0:08:18
9	60	Edgars Galimžanovs	2000	Ind .	4	<b>0:53:41</b>	0:06:44	0:01:57	0:37:27	0:07:33
10	50	Daniela Leitāne	2000	Aquatics	4	<b>0:55:31</b>	0:06:38	0:02:00	0:37:55	0:08:58
11	58	kristaps Siltumēns	2000	Aquatics	4	<b>0:56:05</b>	0:07:10	0:01:55	0:38:24	0:08:36
12	51	Vilis Mednis	1951	Ind .	4	<b>0:57:06</b>	0:07:53	0:02:44	0:36:50	0:09:39
13	64	Ineta Siliņa	1962	Sportlat	4	<b>0:58:35</b>	0:08:06	0:02:13	0:38:12	0:10:04
14	47	Sintija Strakša	1997	REIR	4	<b>1:12:40</b>	0:07:57	0:03:15	0:50:18	0:11:10
15	65	Gaida Bīte	1960	Carnikavas sporta centrs	4	<b>1:13:49</b>	0:08:36	0:02:38	0:53:09	0:09:26

1km-3km-1km, garums: 6000m

1	89	Raimonds Levickis	2002	Dobeles sporta skola	3	<b>0:20:21</b>	0:04:33	0:10:51	0:04:57
2	92	Pauls Audzēvičs	2003	Aquatics	3	<b>0:20:48</b>	0:04:56	0:10:29	0:05:23
3	86	Matvejs Suharževskis	2002	Pēdu nav	3	<b>0:20:57</b>	0:04:57	0:10:38	0:05:22
4	82	Laura Laimiņa	2002	Aquatics	3	<b>0:21:34</b>	0:04:35	0:11:39	0:05:20
5	99	Mārtiņš Auziņš	2002	Turaida	3	<b>0:22:15</b>	0:04:44	0:11:57	0:05:34
6	87	Ričards Sniedze	2003	Ind .	3	<b>0:22:29</b>	0:04:35	0:12:05	0:05:49
7	91	Patriks Legzdiņš	2003	Ind .	3	<b>0:23:12</b>	0:04:42	0:12:28	0:06:02
8	80	Elizabete Stankeviča	2002	Ind .	3	<b>0:24:23</b>	0:04:56	0:12:14	0:07:13
9	88	Niks Mesters	2003	Piramida triathlon club	3	<b>0:25:10</b>	0:04:58	0:14:57	0:05:15
10	84	Kārlis Ancāns	2005	Riteņu vasara	3	<b>0:25:15</b>	0:05:13	0:14:28	0:05:34
11	97	Gustavs Auziņš	2005	Turaida	3	<b>0:25:57</b>	0:05:32	0:14:44	0:05:41

12	93	Jānis Riekstiņš	2004	Ape TK	3	<b>0:26:11</b>	0:05:26	0:14:23	0:06:22
13	81	Kitija Siltumēna	2003	Aquatics	3	<b>0:26:24</b>	0:05:49	0:14:01	0:06:34
14	98	Helvijs Jānis Kārklīņš	2005	Rīga	3	<b>0:27:50</b>	0:05:48	0:14:20	0:07:42
15	95	Mīkus Nežborts	2004	Lidojošais slēpotājs	3	<b>0:35:48</b>	0:08:21	0:19:31	0:07:56
16	85	Dārta Mestere	2005	Piramida triathlon club	3	<b>0:40:17</b>	0:06:43	0:22:21	0:11:13

3km-18km-3km, garums: 24000m

1	1	Uldis Žimants	1981	Gandrs	7	<b>1:20:13</b>	0:05:54	0:06:27	0:01:36	0:27:01	0:25:54	0:06:35	0:06:46
2	7	Normunds Kuzāks	1980	Ind .	7	<b>1:21:59</b>	0:05:52	0:06:30	0:01:33	0:25:53	0:26:56	0:07:22	0:07:53
3	8	Ričards Krims	1989	Ind .	7	<b>1:22:45</b>	0:06:11	0:06:49	0:01:50	0:26:37	0:26:47	0:07:11	0:07:20
4	19	Armands Bāris	1983	Kompoc	7	<b>1:23:12</b>	0:05:48	0:06:39	0:01:39	0:27:08	0:26:54	0:07:17	0:07:47
5	17	Mārcis Bokmanis	1983	Sputnik Sweetheart	7	<b>1:23:39</b>	0:05:43	0:06:05	0:01:49	0:27:48	0:29:21	0:06:43	0:06:10
6	26	Anatolijs Levša	1958	DTC Jaunība	7	<b>1:23:42</b>	0:05:51	0:06:11	0:02:10	0:28:22	0:28:47	0:06:08	0:06:13
7	12	Mārtiņš Jansons	1989	Trek	7	<b>1:24:10</b>	0:06:15	0:06:55	0:01:35	0:26:43	0:27:05	0:07:53	0:07:44
8	23	Aleksandrs Baidins	1970	ELKOR	7	<b>1:24:21</b>	0:06:50	0:07:23	0:02:17	0:26:09	0:28:14	0:06:41	0:06:47
9	27	Raimonds Garenčičs	1955	Carnikavas sporta centrs	7	<b>1:25:28</b>	0:06:40	0:07:10	0:01:38	0:27:47	0:28:11	0:06:56	0:07:06
10	28	Ilgvars Āboltiņš	1956	Ind .	7	<b>1:27:17</b>	0:06:01	0:06:27	0:02:09	0:29:50	0:29:12	0:06:48	0:06:50
11	5	Dzintars Rērihs	1984	VSK Noskrien	7	<b>1:27:41</b>	0:06:28	0:06:47	0:02:02	0:28:38	0:29:54	0:06:54	0:06:58
12	29	Arvils Andersons	1962	Carnikavas sporta centrs	7	<b>1:30:32</b>	0:06:31	0:07:11	0:01:44	0:27:40	0:28:48	0:08:35	0:10:03
13	18	Andris Bergmanis	1984	Ind .	7	<b>1:31:15</b>	0:05:44	0:06:14	0:01:40	0:31:58	0:32:30	0:06:54	0:06:15
14	4	Jānis Stašāns	1980	Gandrs	7	<b>1:31:37</b>	0:07:42	0:08:05	0:02:19	0:28:23	0:29:27	0:07:58	0:07:43
15	14	Normunds Šaršūns	1974	Ind .	7	<b>1:31:49</b>	0:07:23	0:07:55	0:01:59	0:29:19	0:28:35	0:08:04	0:08:34
16	100	Diāna Šika	1979	Rīga	7	<b>1:38:12</b>	0:07:05	0:07:13	0:02:07	0:33:42	0:34:06	0:07:01	0:06:58
17	25	Valdis Tilts	1962	Ind .	7	<b>1:38:24</b>	0:05:48	0:06:03	0:01:50	0:36:03	0:35:44	0:06:13	0:06:43
18	32	Ritvars Gulbi	1980	RR	7	<b>1:40:46</b>	0:07:23	0:07:54	0:02:47	0:33:13	0:32:28	0:08:21	0:08:40
19	20	Jānis Riekstiņš	1970	Ape TK	7	<b>1:40:55</b>	0:07:00	0:07:15	0:02:25	0:35:24	0:34:55	0:06:28	0:07:28
20	45	Lauma Čerņevska	1985	VSK Noskrien	7	<b>1:41:13</b>	0:07:09	0:07:34	0:02:29	0:34:13	0:34:51	0:07:26	0:07:31
21	13	Staņislavs Vaipans	1992	Piramida triathlon club	7	<b>1:41:30</b>	0:05:26	0:06:17	0:02:11	0:37:56	0:35:29	0:07:13	0:06:58
22	40	Elīna Vīksna	1986	Ind .	7	<b>1:41:33</b>	0:07:07	0:07:18	0:01:42	0:36:01	0:34:53	0:07:30	0:07:02
23	30	Rolands Irklis	1981	Ebaik	7	<b>1:43:30</b>	0:08:17	0:08:34	0:02:30	0:32:54	0:33:56	0:08:34	0:08:45
24	31	Markus Jakubovskis	1977	Rīga	7	<b>1:45:23</b>	0:07:19	0:08:10	0:02:07	0:35:40	0:34:59	0:08:19	0:08:49
25	42	Gunda Plūmane	1976	Pēdu nav	7	<b>1:50:20</b>	0:07:37	0:08:06	0:02:18	0:38:05	0:37:42	0:08:09	0:08:23
26	41	Sandra Salmiņa	1981	Ind .	7	<b>2:05:35</b>	0:07:41	0:07:57	0:02:34	0:46:45	0:42:16	0:08:46	0:09:36
27	46	Elza Mestere	1997	Piramida triathlon club	7	<b>2:19:07</b>	0:07:06	0:07:29	0:02:10	0:50:41	0:53:41	0:08:59	0:09:01
28	2	Māris Zicmanis	1986	Noķer mani!	3	<b>0:14:54</b>	0:06:14	0:06:57	0:01:43				
29	21	Florens Jansons	1972	FLOATING UNIVERSE	1	<b>0:15:36</b>	0:15:36						